

Palm Beach County Mental Health Resources



IN AN EMERGENCY OR CRISIS

- **For assistance in an emergency situation:** Dial 911
- **National Suicide Prevention Lifeline:** 1-800-273-TALK (8255) -- press 1 for veterans, 2 for Spanish
- **South County Mental Health Mobile Crisis Team (Southern Palm Beach County):** 1-877-858-7474
- **Jerome Golden Mental Health Mobile Crisis Team (Northern Palm Beach County):** 561-383-5777
- **Mental Health Association of Palm Beach County's Mental Health GPS:** 561-807-HELP (4357)

DOMESTIC VIOLENCE, ABUSE AND SEXUAL ASSAULT RESOURCES

- **National Child Abuse Hotline:** 1-800-4-A-CHILD (1-800-422-4453)
- **National Sexual Assault Hotline:** 1-800-656-HOPE (4673)
- **National Domestic Violence Hotline:** 1-800-799-SAFE (7233) 1-800-787-3224 (hearing impaired line)
- **RAINN (Rape, Abuse & Incest National Network):** 1-800-656-HOPE (4673) www.rainn.org
- **Florida Abuse Hotline:** 800-962-2873
- **Aid to Victims of Domestic Abuse 24-Hour Crisis Hotline:** 1-800-355-8547

The Florida Resource Center for Women and Children - 561-248-4679 - The Florida Resource Center for Women and Children (FRCWC) provides prevention, shelter assistance, victim's advocate and counseling services for residents of Palm Beach County, FL.

Harmony House - (561) 993-2204 - Harmony House offers a secure, year round, 24 hour facility for women and their children who are victims of domestic violence.

Palm Beach County Victim Services - (561) 355-2418 - Crisis Hotline: 866-891-7273 - Assists victims of sexual assault, domestic violence, homicide and other violent crimes through crisis response, advocacy, therapy and community awareness.

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TREATMENT RESOURCES

Comprehensive Alcoholism Rehabilitation Programs, Inc. (CARP) - 561-844-6400 - Provides prevention, education and treatment services through a Continuum of Care, to individuals and families affected by alcoholism, drug dependency and co-occurring disorders, to achieve an abstinence-based recovery.

Drug Abuse Treatment Association, Inc. (DATA) - 561-743-1034 - DATA provides effective quality programs for children, adolescents and their families experiencing problems with substance abuse and/or juvenile delinquency.

SAMHSA's National Helpline - 1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov> - provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

The National Alliance for Eating Disorders Awareness - 866-662-1235 and allianceforeatingdisorders.com - Dedicated to providing programs and activities aimed at outreach, education, early intervention and advocacy for all eating disorders.

MENTAL HEALTH TREATMENT

HOSPITALS:

- **Jerome Golden Center for Behavioral Health**
1041 45th Street, West Palm Beach, FL 33407
561-383-8000 (for services) or 561-383-5725
www.jeromegoldencenter.org/
- **South County Mental Health**
16158 Military Trail South of Southern Blvd
Delray Beach
561-495-0522
www.scmhinc.org
- **St. Mary's Institute for Mental Health**
901 45th Street
West Palm Beach
561-840-6040
www.stmarysmc.com
- **West Palm Hospital - Pavilion**
2201 45th Street
West Palm Beach
561-881-2670
www.westpalmhospital.com
- **Psychiatrists & Therapists and Information/Referrals Alpert Jewish Family & Children's Service**
5841 Corporate Way # 200,
West Palm Beach, FL 33407
(561) 684-1991
www.jfcsonline.com
211- Information & Referral Service

SAMHSA's National Helpline - 1-800-662-HELP (4357) - Provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

National Alliance on Mental Illness (NAMI) - 1-800-950-NAMI (6264) - Information HelpLine provides information and referral services.

NAMI Palm Beach County
5205 Greenwood Avenue, Ste. 110
West Palm Beach, FL 33407
561-588-3477
www.namipbc.org

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

CHILDREN & YOUTH RESOURCES

EMERGENCY AND REFERRAL SERVICES

- **National Runaway Safeline:** 1-800-621-4000

CHILDREN AND YOUTH MENTAL HEALTH SERVICES

Parent-Child Center, Inc.

2001 W. Blue Heron Blvd., Riviera Beach, FL 33404

561-841-3500

Children's Community Mental Health Center serving Palm Beach County and offering an array of services to children.

The Palm Beach County Residential Treatment and Family Counseling Division

50 S Military Trail, Suite 203

West Palm Beach, FL 33415

561-242-5700

<http://www.pbcgov.com/youthservices/counseling/>

Provides therapeutic services for families with children and youth up to age 22 years old.

FAMILY MENTAL HEALTH SERVICES

Center for Family Services of Palm Beach County, Inc.

4101 Parker Ave.,

West Palm Beach, FL 33405

561-616-1222

<http://www.ctrfam.org/>

CHILDREN AND YOUTH SUBSTANCE ABUSE SERVICES

Department of Children and Families

Substance Abuse and Mental Health Program Office

111 South Sapodilla Avenue, Suite 103, West Palm Beach, FL 33401

561-650-6860 or 561-650-6859

www.dcf.state.fl.us/mentalhealth

RESOURCES FOR SPECIAL POPULATIONS

- **GLBT National Help Center:** 1-888-843-4564 www.glnh.org
- **Trevor Project Crisis Line - LGBTQ Youth:** 1-866-4-U-TREVOR (488-7386) www.theTrevorProject.org
- **GLBT National Youth Talkline:** 1-800-246-PRIDE (1-800-246-7743) www.glnh.org/talkline

Palm Beach County Mental Health Resources

Compass, Inc.

201 N. Dixie Highway
Lake Worth, FL 33460
561-533-9699
www.compassglcc.com
<http://www.pflagpbc.org/>

SELF-HELP RESOURCES AND GROUPS

- **Alcoholics Anonymous:** www.aa.org/pages/en_US/find-a-resources
- **Narcotics Anonymous:** 1-888-GET-HOPE (438-4673) (Hopeline) www.na.org/meetingsearch
- **National Domestic Violence Hotline:** www.al-anon.alateen.org/local-meetings
- **Nar-Anon Family Groups:** www.nar-anon.org/find-a-group
- **National Domestic Violence Hotline:** www.draonline.org

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for **help with food, housing, employment, health care, counseling and more - Dial 211**

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com