



## IN AN EMERGENCY OR CRISIS

**For assistance in an emergency situation:** Dial 911

**National Suicide Prevention Lifeline:** 1-800-273-TALK (8255) -- press 1 for veterans, 2 for Spanish

**South County Mental Health Mobile Crisis Team (Southern Palm Beach County):** 1-877-858-7474

**Mental Health Association of Palm Beach County's Mental Health GPS:** 561-807-HELP (4357)

## DOMESTIC VIOLENCE, ABUSE AND SEXUAL ASSAULT RESOURCES

**National Child Abuse Hotline:** 1-800-4-A-CHILD (1-800-422-4453)

**National Sexual Assault Hotline:** 1-800-656-HOPE (4673)

**National Domestic Violence Hotline:** 1-800-799-SAFE (7233) 1-800-787-3224 (hearing impaired line)

**RAINN (Rape, Abuse & Incest National Network):** 1-800-656-HOPE (4673) [www.rainn.org](http://www.rainn.org)

**Florida Abuse Hotline:** 800-962-2873

**Aid to Victims of Domestic Abuse 24-Hour Crisis Hotline:** 1-800-355-8547

**The Florida Resource Center for Women and Children** - 561-248-4679 - The Florida Resource Center for Women and Children (FRCWC) provides prevention, shelter assistance, victim's advocate and counseling services for residents of Palm Beach County, FL.

**Harmony House** - (561) 993-2204 - Harmony House offers a secure, year round, 24 hour facility for women and their children who are victims of domestic violence.

**Palm Beach County Victim Services** - (561) 355-2418 - Crisis Hotline: 866-891-7273 - Assists victims of sexual assault, domestic violence, homicide and other violent crimes through crisis response, advocacy, therapy and community awareness.

# Palm Beach County Mental Health Resources

## TREATMENT RESOURCES

**Comprehensive Alcoholism Rehabilitation Programs, Inc. (CARP)** - 561-844-6400 - Provides prevention, education and treatment services through a Continuum of Care, to individuals and families affected by alcoholism, drug dependency and co-occurring disorders, to achieve an abstinence-based recovery.

**Drug Abuse Treatment Association, Inc. (DATA)** - 561-743-1034 - DATA provides effective quality programs for children, adolescents and their families experiencing problems with substance abuse and/or juvenile delinquency.

**SAMHSA's National Helpline** - 1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov> - provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

**National Council for Behavioral Health** can assist you in finding a local provider of behavioral health services and support. [www.theNationalCouncil.org](http://www.theNationalCouncil.org) (click on "Find a Provider")

**The National Alliance for Eating Disorders Awareness** - 866-662-1235 and [allianceforeatingdisorders.com](http://allianceforeatingdisorders.com) - Dedicated to providing programs and activities aimed at outreach, education, early intervention and advocacy for all eating disorders.

## MENTAL HEALTH TREATMENT

### HOSPITALS:

#### South County Mental Health

16158 Military Trail South of Southern Blvd  
Delray Beach  
561-495-0522  
[www.scmhinc.org](http://www.scmhinc.org)

#### St. Mary's Institute for Mental Health

901 45th Street  
West Palm Beach  
561-840-6040  
[www.stmarysmc.com](http://www.stmarysmc.com)

#### West Palm Hospital - Pavilion

2201 45th Street  
West Palm Beach  
561-881-2670  
[www.westpalmhospital.com](http://www.westpalmhospital.com)

#### Psychiatrists & Therapists and Information/Referrals Alpert Jewish Family & Children's Service

5841 Corporate Way # 200,  
West Palm Beach, FL 33407  
(561) 684-1991  
[www.jfcsonline.com](http://www.jfcsonline.com)  
211- Information & Referral Service

**SAMHSA's National Helpline** - 1-800-662-HELP (4357) - Provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

**National Alliance on Mental Illness (NAMI)** - 1-800-950-NAMI (6264) - Information HelpLine provides information and referral services.

NAMI Palm Beach County  
5205 Greenwood Avenue, Ste. 110  
West Palm Beach, FL 33407  
561-588-3477  
[www.namipbc.org](http://www.namipbc.org)

**National Council for Behavioral Health** can assist you in finding a local provider of behavioral health services and support. [www.theNationalCouncil.org](http://www.theNationalCouncil.org) (click on "Find a Provider")

## CHILDREN & YOUTH RESOURCES

### EMERGENCY AND REFERRAL SERVICES

- **National Runaway Safeline:** 1-800-621-4000

### CHILDREN AND YOUTH MENTAL HEALTH SERVICES

#### **Parent-Child Center, Inc.**

2001 W. Blue Heron Blvd., Riviera Beach, FL 33404

561-841-3500

Children's Community Mental Health Center serving Palm Beach County and offering an array of services to children.

#### **The Palm Beach County Residential Treatment and Family Counseling Division**

50 S Military Trail, Suite 203

West Palm Beach, FL 33415

561-242-5700

<http://www.pbcgov.com/youthservices/counseling/>

Provides therapeutic services for families with children and youth up to age 22 years old.

### FAMILY MENTAL HEALTH SERVICES

#### **Center for Family Services of Palm Beach County, Inc.**

4101 Parker Ave.,

West Palm Beach, FL 33405

561-616-1222

<http://www.ctrfam.org/>

### CHILDREN AND YOUTH SUBSTANCE ABUSE SERVICES

#### **Department of Children and Families**

Substance Abuse and Mental Health Program Office

111 South Sapodilla Avenue, Suite 103, West Palm Beach, FL 33401

561-650-6860 or 561-650-6859

[www.dcf.state.fl.us/mentalhealth](http://www.dcf.state.fl.us/mentalhealth)

## RESOURCES FOR SPECIAL POPULATIONS

**GLBT National Help Center:** 1-888-843-4564 [www.glnh.org](http://www.glnh.org)

**Trevor Project Crisis Line - LGBTQ Youth:** 1-866-4-U-TREVOR (488-7386) [www.theTrevorProject.org](http://www.theTrevorProject.org)

**GLBT National Youth Talkline:** 1-800-246-PRIDE (1-800-246-7743) [www.glnh.org/talkline](http://www.glnh.org/talkline)

# Palm Beach County Mental Health Resources

## **Compass, Inc.**

201 N. Dixie Highway  
Lake Worth, FL 33460  
561-533-9699  
www.compassglcc.com  
<http://www.pflagpbc.org/>

## **SELF-HELP RESOURCES AND GROUPS**

**Alcoholics Anonymous:** [www.aa.org/pages/en\\_US/find-a-resources](http://www.aa.org/pages/en_US/find-a-resources)

**Narcotics Anonymous:** 1-888-GET-HOPE (438-4673) (Hopeline) [www.na.org/meetingsearch](http://www.na.org/meetingsearch)

**National Domestic Violence Hotline:** [www.al-anon.alateen.org/local-meetings](http://www.al-anon.alateen.org/local-meetings)

**Nar-Anon Family Groups:** [www.nar-anon.org/find-a-group](http://www.nar-anon.org/find-a-group)

**National Domestic Violence Hotline:** [www.draonline.org](http://www.draonline.org)

## **OTHER RESOURCES**

Free and confidential information and referral, available 24/7, for **help with food, housing, employment, health care, counseling and more - Dial 211**

**Homeowner's HOPE™ Hotline** provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

**Legal Advice** provides legal information, lawyer profiles and a community to help individuals make legal decisions. [www.findlaw.com](http://www.findlaw.com)